

**Kathy Milans  
Spiritual Director  
Path of Life Ministry  
1111 Dix Dr., Wilmore, KY 40390  
859-858-0750**

**Covenant for Spiritual Direction**

You are meeting with me as your spiritual director because you want to examine your spiritual life. Although it is appropriate at times to discuss psychological and relational difficulties in the context of spiritual direction, I agree that my spiritual director's role is not psychotherapy but focusing on the movement of God in my life.

Similarly, you recognize that spiritual direction is not financial advice and any decisions and actions you may take in that regard are done without my advice or recommendation, and are purely your responsibility.

Conversations will be held in strict confidence. Our time together is sacred. I will not reveal the content of our conversations unless I am required to do so by law or court order. On the other hand, you are free to share whatever you choose about our conversations with anyone.

The fee per one-hour session will be based on a sliding scale that is based on your family's yearly gross income. Yearly income includes income such as child support payments, maintenance (alimony), and disability payments.

\$0 Thru \$19,999	\$45.00
\$20,000 Thru \$29,999	\$55.00
\$30,000 Thru \$39,999	\$65.00
\$40,000 and over	\$75.00

Please commit to begin and end our sessions on time. If you wish to change your appointment, please let me know at least 24 hours in advance by emailing or calling me. Without this notice, you will pay for the appointment time.

I will not call or send you reminders for the sessions. Although we agree to a monthly one-hour session, you may desire to meet more frequently or for a longer session periodically, and that is fine, as long as we schedule it in advance.

Signature of spiritual directee \_\_\_\_\_ Date: \_\_\_\_\_